



Wendy Capland, Learn the **9 Secrets to Creating Your Next Bold Move**

Women reach a time in their lives when they start to ask, "Is this all there is? Is this what my life is going to look like?" Many women realize they have dreams they haven't explored. Life paths, they have yet to follow.

Wendy Capland, CEO and Founder of The Magic Parties and CEO of Vision Quest Consulting delivers keynotes, workshops, and retreat-like programs to help women define, successfully navigate, and put into action what's next for them in creating lives they love by sharing her **9 Secrets to Creating Your Next Bold Move**.

The idea of making a bold move can be so seductive. What's as intoxicating as starting something you've been thinking about and maybe even always wanted but haven't felt courageous enough to put it into play? And then you slowly begin to think; there is no way I can actually do this. It's too big. It's too overwhelming. I don't have what it takes to pull it off. Never mind; it was a stupid idea anyway. Maybe I'll get to it some day.

The wisdom of the martial arts teaches us that it takes 3,000-5,000 repetitions to develop muscle memory and become a "master" at any activity. We know our journey begins with not just taking a single step but the right ones. And then creating healthy habits and incorporating them into our daily lives repeating them over and over again. Thus becoming masterful in creating a life you love one bold move at a time.

Marianne Williamson said, "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us.

Invite me to speak and I will share with your audience actionable tips on how they can:

- Be bold.
- Be the architect of their lives.
- Explore what's waiting for them just around the corner.
- Change the world with their unique touch.
- Leave a legacy of which they can be proud.

For more information email info@themagicparties.com or call 978-692-4454